



THE CODDENHAM CENTRE

EVERY WEEK

MONDAY

Nordic Walk 9.30am
Carpet Bowls 2.30pm
Badminton 7pm

TUESDAY

Nordic Walk 9.45 am
Little Rainbows Baby
Sensory from 10am
Pilates from 6.15pm

WEDNESDAY

Baby & Toddlers 9:30am
Nordic Walk 9.45 am
Yoga 1.45pm
Carpet Bowls 7.30pm

THURSDAY

Dru Yoga 1.45pm
Latin ballroom
private lessons
4.30pm

FRIDAY

Fit club 9.30am
Pilates 11.15am

SATURDAY

Nordic Walk 9.45am
Tasters & Training
on request

AND LOOK OUT FOR THESE!

The Wood Fired Pizza Company - Monthly - 4th Friday 7-9pm.
Moving Plaice Fish and Chips - Monthly - 1st Friday 12.30-1.45pm.
The Coffee Station - Monthly - 3rd Sunday 10am-1pm.
Choose Refills Truck - Monthly - 3rd Sunday 10am-12pm.

5 Rhythms Ecstatic Dance - Monthly - Second Sunday 4pm
10th September Coddenham Fete from 12pm.

Friday 23 September - Macmillan Coffee Morning with The Coffee Station at TCC from 10am.
1st October 2pm - Planting of the Jubilee Tree, with HM Lord Lieutenant of Suffolk.
16th October - Sunday Brunch 10.00pm-1pm.

10th December pm - Children's Christmas Event (tbc). Call or check website for details.
10th December 7.30pm Coddenham Christmas Party with live music from Urban Myth.

Tennis/Basketball courts, for hire, free outdoor gym and recreation ground. Charge your car.

THE CODDENHAM CENTRE

A CENTRE FOR RECREATION, CELEBRATION, LEARNING, SPORT & ENJOYMENT - ACCESSIBLE TO ALL

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